

## Great Upstate Lacrosse League (GULL)

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Summer 2008

### Objective

As Rochester and the upstate New York area lacrosse players continue to excel in higher level lacrosse it becomes apparent that there is not a sufficient summer league opportunity for them if they decide to return home for the summer. A summer league is meant to not only develop the skills necessary for success during the regular season but also bring together the talent our youth and high school programs have created into an enjoyable summer lacrosse experience. There exists similar leagues in Baltimore and Long Island and they have been very successful in developing the existing talent and giving the area's athletes a great summer opportunity. A fully sponsored summer lacrosse league would be an exciting alternative summer recreation for Rochester's growing population of lacrosse players as well as the alumni that are the roots of a great lacrosse tradition.

### Teams/Players/Safety

For the first year my goal is to create 4 teams consisting of about 12 players per team. Each team must have at least 3 defenseman, a goalie, and 9 offensive players. Each player is responsible for their own safety equipment and must wear at a minimum a helmet, arm guards, gloves, shoulder pads, and a mouth guard. **At the beginning of the summer each player will sign an insurance waiver that eliminates all liability from the GULL organization. The waiver will ensure that each player's safety is covered by his own insurance company.**

### Materials and Supplies

In order to successfully run the league we need a field, preferably turf, and the other equipment necessary to play. To whoever allows the use of their field we will make sure to be respectful of their property, cleaning up any trash and equipment after the end of each contest. The field must be properly lined with the appropriate marks that meet the regulations of a collegiate level lacrosse field. We will need two college regulation size lacrosse goals and a sufficient number of balls at each game. Each team will be supplied with jerseys for the first year. Each team jersey will show all sponsors clearly and legibly.

### Officials

For each contest we will hire two officials. Each official will be paid according to the regulations established by the Genesee Valley Lacrosse Officials Association. The officials are responsible for maintaining control of the contest and have the authority over all players and can stop or even discontinue the contest at anytime if he feels it is necessary to assure the safety and sportsmanship of the game.

### Registration

For 2008 the GULL will run four teams. Therefore only eligible applicants that fill necessary roles for competition will be accepted. The condition remains that each player must either be entering collegiate level play, currently be competing in college, or be an alumnus of any of the three collegiate lacrosse divisions. **Applications must be in before June 20, 2008** in order to organize teams and a proper schedule. **The registration fee will cover the cost of the jerseys, officials, and a donation to the MCC lacrosse program.**

# 2008 Great Upstate Lacrosse League (*Deadline June, 20*)

## Player Registration Form

### Player Info

First Name \_\_\_\_\_

Last Name \_\_\_\_\_

Date of Birth \_\_\_\_\_  
(*mm/dd/yyyy*)

Phone Number \_\_\_\_\_  
(*555-555-5555*)

E-mail Address \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

Zip Code \_\_\_\_\_

H.S. \_\_\_\_\_

College/ Graduate Year \_\_\_\_\_

Position (all that apply) \_\_\_\_\_  
(*Attack, Midfield, Defense, Goalie*)

### Emergency Contact Information

Contact Name \_\_\_\_\_

Contact Phone Number \_\_\_\_\_

Medical Alert Info \_\_\_\_\_

(*list any medical conditions*)

### Jersey and Apparel Information

Jersey Size \_\_\_\_\_

Shirt Size \_\_\_\_\_

Short Size \_\_\_\_\_

**Waiver of Liability:** In signing this application, I \_\_\_\_\_ release Great Upstate Lacrosse League and all involved parties including facilities management from any claim or responsibility for injuries suffered during league competition. I knowingly assume all risks associated with participation, even if arising from negligence of the participants or others, and assume FULL responsibility for my participation. I certify that I am in good physical condition and can participate in league competition. Furthermore I authorize the site director to request medical treatment as necessary to ensure my well being.

Health Insurer \_\_\_\_\_

Policy Number \_\_\_\_\_

**Waiver of Liability**

Applicant's signature \_\_\_\_\_ Date \_\_\_\_\_

Print Name \_\_\_\_\_

**Please return a completed application, along with an application fee of \$40.00, by June 20, 2008. All checks make payable to Michael Catalino (please NO CASH)**

Mail: Michael Catalino  
205 London Rd  
Webster, NY 14580